



- **Start/Finish Point : Harbour Bridge**
- **1 lap , approx 6k loop**

Directions
 Leaving Harbour Bridge heading to Fairgreen Pedestrian Bridge take right hand turn heading past Columb Barrack on left and Tesco on right . At Ballynacargy Roundabout take right turn heading on C link with General Hospital on right . After Hospital take right onto Feeder Canal passing St Oliver Plunketts GAA on left and St Marys Sports Field on right . Arriving at hump back bridge take left passing Shamrocks GAA on left and Cusack Park on right and arrive at Dublin bridge . Enter onto Canal tow-path returning to Harbour Bridge and entering onto pedestrian bridge at Fairgreen. Returning to starting point at Harbour Bridge car park

**Start/Finish
Harbour Bridge**



C Link Road

Lough Sheever Park

Canal Feeder Watercourse

General Hospital

St Marys Sports Field

Mullingar Shamrocks Pitch

Tesco Shopping Centre

Cusack Park

Columb Barracks

Fairgreen Shopping Centre

Dublin Bridge