



**WESTMEATH
SPORTS
PARTNERSHIP**
— SPORT IRELAND —



October 2024



Welcome


Welcome to the fourth edition of the new Westmeath Sports Partnership e-newsletter!

This month we are sharing news of free yoga classes in libraries, we'll look back at our successful CAST Angling programme in Ballynacargy, reveal the clubs in Co. Westmeath who will share over €6million in Sports Capital funding and lots more.

Don't forget that for more information and full details keep scrolling(!), follow us on socials (links at the top) or visit our website at www.westmeathsports.ie or email us info@westmeathsports.ie

Enjoy our fourth newsletter!

Dormant Accounts Funding



Westmeath Sports Partnership is delighted to secure €90,600 under the 2024 Dormant Accounts Funding.

- Equality, Diversity & Inclusion
- Training and Education
- Volunteer Supports
- Hubs

 SPÓRT ÉIREANN
SPORT IRELAND

 ciste na
gcuntas díomhaoin
the dormant
accounts fund

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Westmeath Sports Partnership is delighted to confirm that it has been successful in applying to the Dormant Accounts Fund again this year and will receive a total of €90,600 for a wide variety of projects.

More than €5m in Dormant Accounts Funding is to be awarded to Local Sports Partnerships and Active Disability Ireland in 2024.

Areas in which Westmeath Sports Partnership has been allocated funding include Community Sports Hubs, Training and Education, Volunteer Supports and Equality, Diversion Inclusion.

Full details by clicking the button below

[Dormant Accounts](#)

Yoga In Libraries This October



We're delighted to be linking up with the library in Mullingar later this month for FREE yoga classes for all.

Starting on October 15th from 10.30am - 11.30am, and continuing every second Tuesday after until December 10th, the programme is a very gentle introduction to yoga and movement.

Classes will be led by the very experienced Fiona Foy and are totally FREE to join.

Keep an eye on Westmeath Libraries and our own social media channels for details on how to register.

Windfall For Westmeath Sports Clubs



Over 6.7m euro allocated to Westmeath Sports Clubs

50 Westmeath clubs have been successful under the Sports Capital Grant Scheme

Check out the full details on www.westmeathsports.ie

🌟🌟 Celebrations are continuing in sports clubs and community groups across the county after the confirmation €6.7m is to be allocated to County Westmeath as part of the Sports Capital Grant Scheme.

Over 80 local groups applied to the Government fund with more than 50 securing funding.

You can find a full list of all the successful clubs, the amounts they were awarded, and what they will be spending the money on by clicking the button below.

[Click Here For More Info](#)

European Week Of Sport



We hosted and supported a record number of events for European Week Of Sport this year, with taster session of squash, pickleball and SUP Yoga all getting people active and moving this year.

We also hosted boxercise in Mullingar Town park and supported Mens Sheds on a Walk in Moate.

Thank you to all participants and tutors who got involved.

Lads And Dads Kayaking Programmes



Our autumn Lads and Dads Kayaking programmes in Mullingar and Athlone concluded in late September with trips on the River Inny after three sessions on Lough Owel and Coosan Point respectively.

Thanks to Bob and his team from Inventure Water Sports for leading the programme with 33 'lads and dads' taking part.

This programme was kindly funded by Healthy Ireland/Westmeath and we hope many of the participants will continue kayaking or progress on to level two.



Sports Inclusion Programmes



We've been delighted to be able to support several local groups in a variety of activities as part of our Sports Inclusion Development Programme this autumn.

Maroon Lakers: Our physical activity classes for children with additional needs are continuing at the Athlone Regional Sports Centre on Saturdays as part of the Community Sports Hub.

CAST Angling: The wonderful setting of Ballynacargy Harbour is where participants from the Muiriosa Foundation have been enjoying the CAST Programme in association with the Angling Council of Ireland.

Swimming Classes for Kids With ASD



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Safeguarding Level 1, 2 & 3

Garda Vetted and Insured

Swim Ireland Licensed & Qualified Teachers

Swim Class for Kids with ASD

Bring swim hat & goggles.

Drink and snack for after!

€1 coin for lockers!



Mullingar Swimming Pool

6 weeks from 5 October to 16 November
(excl. Bank Holiday 26th October 2024)

Saturday at 6.30pm 4-5 years & 7.00pm 6-9 years

Small group classes, teaching water confidence & safety; early breathing & swimming technique and a love of the water.

Payable in advance to secure your place
(€70 per child/parent group)

Parent must enter the water with their child.

RSVP to paulamul10@gmail.com with mobile number, child's name and age.



NB. Parent/Guardian (over 18) must enter the water and remain with the child at all times throughout the lesson.

Happy Swimming!!




 Splash into fun and confidence!

We are delighted to support **Mullingar Jets Swimming Club** to provide an inclusive swimming class designed specifically for children with ASD this October..

Key benefits:

- **Experienced and qualified instructors
- **Small group classes for personalized attention
- **Focus on water safety, early breathing, and swimming techniques
- **A fun and welcoming environment

 When: Saturdays from October 5th to November 16th (excluding October 26th)

 Times: 4-5 years old at 6:30 PM and 6-9 years old at 7:00 PM

 Cost: €70 per child (payable in advance via Revolut)

Reserve your child's spot today by emailing paulamul10@gmail.com

Ready To Go Orienteering Training



Westmeath Sports Partnership, in association with Orienteering Ireland is interested in offering Ready to Go Orienteering Training for Teachers/Service Staff/Youth Leaders in the coming months

If you or somebody you know might be interested in attending a prospective upcoming one-day Orienteering Training course to teach you how to deliver the fundamentals of this fun and exciting activity to students, young people or beginners, contact cian.fogarty@westmeathcoco.ie to express your interest.

Discover more about the course by clicking the button below

Ready To Go Orienteering

Angling CAST Programme In Ballynacargy





Our Angling CAST programme with the Angling Council of Ireland in Ballynacargy Harbour has been a wonderful success so far.

As you might have seen earlier in the newsletter, the Muiriosa Foundation and St Brigid's National School are taking part.

Two groups of 12 participants started in mid-September, with three more sessions remaining.



Thanks For Reading

If you enjoyed our newsletter, please let us know, and if you think it would be of interest to someone you know, you can encourage them to sign up below.

Our next edition will be available in early November.

WSP Team.

Newsletter Sign Up

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Westmeath Sports Partnership

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