



- **Start/Finish Point : Harbour Bridge**
- **1 lap , approx 6k+ loop**

Directions
 Leaving Harbour Bridge heading to Fairgreen Pedestrian Bridge take opposite canal towpath heading in Dublin Bridge direction . Proceed under Harbour Bridge passing Cusack Park (on right) & Mullingar Shamrocks (on left) . At Dublin Bridge proceed on Delvin road taking left onto New Link Road. At Lough Sheever take left heading to town centre , enter onto Canal Feeder Water Course arriving at finish point at Harbour Bridge .

**Start/Finish
Harbour Bridge**

Lough Sheever Park

Canal Feeder Watercourse

General Hospital

St Oliver Plunkett's Pitch

New Link Road

St Lomans Hospital

St Marys Sports Field

Mullingar Shamrocks Pitch

Dalton Park

Fairgreen Shopping Centre

Cusack Park

Dublin Bridge

