

• **Start/Finish Point : Harbour Bridge**

• **1 lap , approx 6k loop**

**Directions**

Leaving Harbour Bridge heading left towards General Hospital with Loreto College on left . Take left turn at Hospital roundabout onto C Link Road . Continue on this road passing Educate Together School and arriving at Athlone Ballymahon Roundabout . Continue over Clonmore Bridge passing Kehoe Interiors on right . At Fire Station turn left under railway bridge , opposite Railway Station entrance , enter onto Canal towpath. Continue on towpath arriving at pedestrian bridge , enter onto pedestrian bridge and continue to finish point at harbour bridge .

