

NORTH

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2500 metres
Run or Walk
Time Trial

Athlone Regional Sports Centre Fitness Park Brawny Road

Course Time Trial 2500m

25metres)

Start FinishTrack Junction

val

121

- 1. 100m
- 2. 200m
- 3. 300m
- 4. 400m
- 5. 500m
- 6. 600m
- 7. 700m
- 8. 900m (200m leg)
- 9. 1000m
- 10. 1100m
- 11. 1200m
- 12. 1300m
- 13. 1400m
- 14. 1500m
- 15. 1600m
- 16. 1700m
- 17. 1800m
- 18. 1900m
- 19. 2000m
- 20. 2100m
- 21. 2200m
- 22. 2300m
- 23. 2400m

Finish 2500m



MAP LEGEND

- Contour 1.25m interval
- Steep bank
- Steep ramp (skateboard park)
- Paved footpath
- Gravel footpath
- Open land
- Open land with scattered trees
- Rough open land
- Open land with scattered bushes
- Impassable vegetation
- Vegetation: walk
- Vegetation: slow running, good visibility
- Impassable vegetation, hedge
- Prominent bush or small tree
- Prominent large tree
- Prominent vegetation feature
- Paved area, lower (light traffic)
- Paved area (heavy traffic), (area)
- Building
- Out of Bounds Area
- Passable wall
- Impassable wall
- Passable retained wall
- Impassable fence or railing
- Passable fence or railing
- Canopy or pass through building
- Lamp post
- ESB pole or post
- Litter Bin
- Memorial or monument
- Man-made feature (sign)
- Stairway or steps
- Playground equipment
- Table
- Flagpole
- Bench or seat



Survey and Cartography March 2021 by: healy.pat@gmail.com

For a printable version of the map send email maprun@orienteering.ie

